

"My husband and I are Financial Sponsors of Mile 26. We use our mile almost daily and it has a very sentimental meaning to both of us. We have walked and jogged through that mile with our prior [late] labs and do so almost daily with our new rescue lab. Our backyard backs up to trails that go to that mile and we access them through our gate -- hence our attachment. We've lived in this neighborhood forever and used the trails forever with our children, grandchildren, and dogs."

~ Sandra Holman,
Financial Sponsor of Mile 26
(Michael and Sandra Holman)

"One of the best volunteer opportunities in our community is having a mile to care for at Folsom Lake State Recreation Area through FOLFAN. After using these trails and waterways for running, kayaking, birding, hiking, and field trips for my classes for a good portion of my life, how wonderful to be able to give back! As a Volunteer Steward, I'm keeping a mile of the parkway trash-free by spending 20 hours a quarter picking up trash, observing nature, enjoying beauty, meeting people who use the trails, and educating the public about our great resource. This is a true win-win program!"

~ Muffet McCleneghan,
Volunteer Steward of Mile B

"The Tailgaters are FOLFAN financial sponsors of Mile 24. We are runners who frequently use the trails around Lake Natoma and are grateful to have a place to run, away from traffic, and filled with natural beauty. We proudly support FOLFAN and all they do to keep the area accessible for the public to enjoy."

~ Ellen Nishimura, Tailgaters,
Financial Sponsor of Mile 24

ADOPT-THE-PARKWAY PROGRAM FOLSOM LAKE STATE RECREATION AREA MANAGED BY FOLFAN (FRIENDS OF LAKES FOLSOM AND NATOMA)

Participating in our Adopt-the-Parkway (ATP) program is a great way to enjoy the park and its trails, while at the same time helping to keep the parkway and its trails open, safe and in good condition!

Our ATP program includes over 15 miles of parkway around Lake Natoma, up the American River Canyon to Folsom Lake, and onto Beal's Point. Each mile of the parkway is available for a Financial Sponsor and a Volunteer Steward. At each end of the designated mile, there is a sign along the multi-use trail recognizing the sponsor and the steward for that mile.

Financial sponsors contribute \$1,200 annually to support parkway and trail maintenance, safety and wayfinding signage, repairs, enhancements to the parkway, tools, clean-up events, and more.

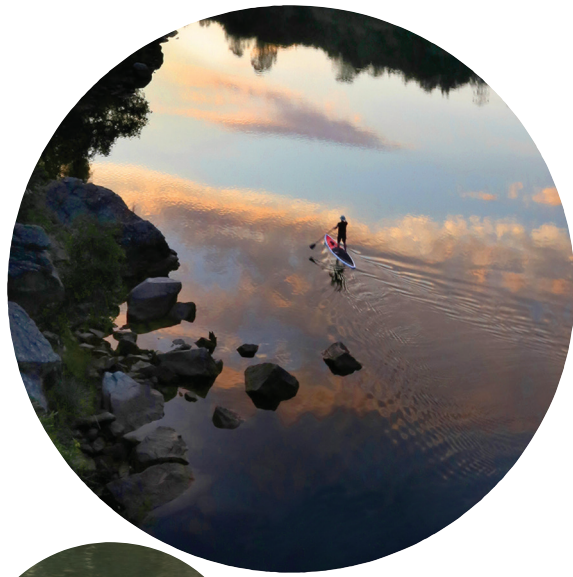
FOLFAN coordinates the ATP program and its expenditures with California State Parks staff at Folsom Lake State Recreation Area.

Volunteer stewards pick up litter and help trim vegetation for a minimum of 20 hours per quarter (every three months). This is a popular volunteer activity and there is a Waiting List for prospective volunteer stewards.

Financial sponsors and volunteer stewards can be individuals, families, groups, businesses or organizations.

ATP miles include the paved multi-use trails, side trails, day use and recreation facilities and amenities, and all areas of the park from the water's edge to the park boundaries.





To discuss becoming an
Adopt-the-Parkway
Financial Sponsor or
Volunteer Steward,
please call or email
one of the following:

Linda McDonald: (916) 716-7825
or President@FOLFAN.org
Jim Cassio: (707) 975-5376
or Jim7@cassio.com



P.O. Box 257
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FOLFAN (Friends of Lakes Folsom and Natoma) is a 501(c)(3) nonprofit organization, and a State Park Cooperating Association for the Folsom Lake State Recreation Area. Our mission is to enhance education and recreation opportunities for the public and to protect the wonders and resources of Lakes Folsom and Natoma.

*Thanks to the **Bodacious Biking Babes** and **River Ridge Realty** for donations to help pay for brochure development and printing.*



Photo credits: Paddle Boarding by Jim Cunningham, Turtles image by RJM, Acorn Woodpecker by Deborah Moreno, Adopt the Parkway Sign by Linda McDonald, Cover photo by Vince McDonald.



ADOPT-THE-PARKWAY PROGRAM
FOLSOM LAKE STATE RECREATION AREA

